

Easy One Pan Baked Salmon

- 1 cup sliced zucchini/squash
- 1 cup broccoli
- 1 cup cherry tomatoes
- 1/2 teaspoon Himalayan sea salt
- 1/2 teaspoon pepper
- 2 teaspoons olive oil
- 2 -3 ounce salmon fillets

1. Pre-heat oven to 375 Degrees F.

2. Combine veggies in a large sheet pan.

3. Season the veggies with salt, pepper, and olive oil.

4. Place the fillets next to the veggies and bake 18-20 minutes or until the salmon is cooked and the veggies are tender.

Makes 2 servings.

Serving Size = 3 ounces of salmon and 1 cup of cooked veggies

Enjoy with 1 serving of on plan fruit to complete the meal.

